

Publikacje prof. dr hab. Nowak Leonard z lat 2019-2020

(z listy czasopism naukowych i recenzowanych materiałów z konferencji międzynarodowych)

Lp.	Publikacja	Pc
2019		
1	Intensity of health behaviors in people who practice combat sports and martial arts / Katarzyna Kotarska, Leonard Nowak, Mirosława Szark-Eckardt, Maria Alicja Nowak. // International Journal of Environmental Research and Public Health. 2019, vol. 16 iss. 14 DOI: 10.3390/ijerph16142463	140,0000
2	Physical activity, health and physical fitness of students, their parents and grandparents / Maria Alicja Nowak, Katarzyna Kotarska, Leonard Nowak. // Collegium Antropologicum. 2019, vol. 43 no. 1, s.1-10	40,0000
3	Selected healthy behaviors and quality of life in people who practice combat sports and martial arts / Katarzyna Kotarska, Leonard Nowak, Mirosława Szark-Eckardt, Maria Nowak. // International Journal of Environmental Research and Public Health. 2019, vol. 16 iss. 5 DOI: 10.3390/ijerph16050875	140,0000
2020		
4	Motivational effect of objectives in practicing karate, boxing, football and wheelchair basketball / Katarzyna Kotarska, Leonard Nowak, Mirosława Szark-Eckardt, Maria Alicja Nowak. // Archives of Budo. 2020, vol 16, s.27-41	140,0000
5	Motivational functions of objectives for female participation in combat sports, martial arts and fitness training / Katarzyna Kotarska, Leonard Nowak, Mirosława Szark-Eckerhard, Maria Alicja Nowak. // Acta Kinesiologica : International Scientific Journal of Kinesiology.. 2020, vol. 14 iss. 2, s.19-26	140,0000